



**Physical Education**  
**Year R**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery. Children in Reception also participate in Forest School throughout the year.

Autumn	Games	Games Unit 1: Focus on using bean-bags
	Gym	Gym Unit A: Travelling
	Games	Games Unit 2: Focus on using a ball
Spring	Dance	Dance Unit 1: Travelling to music
	Gym	Gym Unit B: Stretching and curling
	Dance	Dance Unit 2: Sequences and patterns
Summer	Games	Games Unit 3: Focus on using hoops and quoits
	Gym	Gym Unit C: Travelling taking weight on different body parts
	Games	Games Unit 4: Focus on using ropes, bats and balls



**Physical Education**  
**Year 1**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Games	Games Unit 1: Throwing & Catching
	Games	Games Unit 2: Balls Skills and Games (Basketball Activities)
	Gym	Gym Unit D: Flight – Bouncing, Jumping & Landing
	Gym	Gym Unit E: Points and Patches
Spring	Dance	Dance Unit 1: Streamers, Conkers & Playing with a ball
	Gym	Gym Unit F: Rocking & Rolling
	Dance	Dance Unit 2: March, March, March & Jack & The Beanstalk
	Gym	Gym Unit G: Wide-Narrow-Curled
Summer	Dance	Dance Unit 3: Fog & Sunshine, Washing Day, Handa's Surprise
	Games	Games Unit 3: Bat/Ball Skills
	Dance	Dance Unit 4: The Rainbow Fish, We're going on a bear hunt
	Games	Games Unit 4: Partner Work, Athletics & Skipping



**Physical Education**  
**Year 2**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Games	Games Unit 1: Throwing & Catching/Inventing Games
	Games	Games Unit 2: Aiming, Hitting & Kicking (Basketball)
	Gym	Gym Unit H: Parts High & Low
	Gym	Gym Unit I: Pathways – Straight, Zigzag, Curving
Spring	Dance	Dance Unit 1: The Cat Balloons & Reach for the Stars
	Gym	Gym Unit J: Turning, Spinning & Twisting
	Dance	Dance Unit 2: Friends, Bubbles & Shadows
	Gym	Gym Unit K: Linking Movements Together
Summer	Dance	Dance Unit 3: Copycat, Jumping Joan & Elsdon Circle
	Games	Games Unit 3: Dribbling, Hitting & Kicking
	Dance	Dance Unit 4: Anything Goes, Galopede & Cirassian Circle
	Games	Games Unit 4: Group Games & Inventing Rules, Athletics and Skipping



**Physical Education**  
**Year 3**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Gym	Gym Unit L: Stretching, Curling & Arching
	Games	Games Unit 1: Ball Skills (invasion focus) - <i>hockey</i>
	Dance	Dance: Stone Age
	Games	Games Unit 2: Creative Games Making
Spring	Gym	Gym Unit M: Symmetry & Asymmetry
	Games	Games Unit 4: Net/Court Wall Games – <i>Basketball</i>
	Dance	Dance: Egyptians
	Games	Athletics Unit 1
Summer	Gym	Gym Unit N: Pathways
	Athletics	Games Unit 4: Striking & Fielding – <i>Cricket</i>
	Athletics	Athletics Unit 2
	Athletics	Athletics: Team Competition or Individual Competition



**Physical Education**  
**Year 4**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Gym	Gym Unit P: Balance
	Games	Games Unit 1: Net/Court Wall games - <i>Netball</i>
	Dance	Dance Unit 1
	Games	Games Unit 2: Problem Solving & Inventing Games
Spring	Gym	Gym Unit Q: Receiving Body Weight
	Games	Games Unit 3: Invasion Games – <i>Football</i>
	Dance	Dance: Chocolate
	Games	Athletics Unit 1
Summer	Gym	Gym Unit R: balance leading to change of front
	Athletics	Games Unit 4: Striking & Developing Games – <i>Rounders</i>
	Athletics	Athletics Unit 2
	Athletics	Athletics: Team and Individual Competition



**Physical Education**  
**Year 5**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Gym	Gym Unit T: Bridges
	Games	Games Unit 1: Net/Court/Wall/Games – <i>Tennis</i>
	Dance	Dance: Textiles
	Games	Games Unit 2: Invasion and Target (Ball Handling Games) - <i>Rugby</i>
Spring	Gym	Gym Unit U: Flight
	Games	Games Unit 3: Invasion Games (Implementing & Kicking) - <i>Football</i>
	Dance	Dance Unit 2
	Games	Athletics Unit 1
Summer	Gym	Gym Unit V: Functional Use of Limbs
	Athletics	Games Unit 4: Striking & Fielding Games – <i>Cricket</i>
	Athletics	Athletics Unit 2
	Athletics	Athletics: Team and Individual Competition



**Physical Education**  
**Year 6**

We use the Val Sabin Scheme of work to support the delivery of PE at John Bunyan Primary School & Nursery:

Autumn	Gym	Gym Unit X: Matching & Mirroring
	Games	Games Unit 1: Invasion Games – Hockey & Football – <i>Hockey</i>
	Dance	Dance: Lindy Hop
	Games	Games Unit 2: Net/Court/Wall Games – <i>Basketball</i>
Spring	Gym	Gym Unit Y: Synchronization & Canon
	Games	Games Unit 3: Invasion Games & Ball Handling – <i>Rugby</i>
	Dance	Dance Unit 3: The Rainforest & Hunting in the Unknown
	Games	Athletics Unit 1
Summer	Dance	Dance Unit 2: Theseus and the Minotaur
	Athletics	Games Unit 4: Striking & Fielding Games – <i>Rounders</i>
	Athletics	Athletics Unit 2
	Athletics	Athletics: Team and Individual Competition